

Recommended action

in case of contact with a person with a positive PCR test for the SARS-CoV-2 coronavirus

Due to the steep increase in the number of infections, we would like to give you the following recommendations for action in case of contact with a person with a positive PCR test, or if you tested positive yourself:

(These recommendations are binding for university staff and students, but not for staff with a UKSH contract)

Case	Recommendation of the UzL Executive Board	State directive https://www.schleswig-holstein.de/DE/Landesregierung/VIII/startseite/Artikel_2022/I/220114_absonderungserlass_neu.html	Additional steps
I have symptoms specific to coronavirus	<p>1. regardless of vaccination/recovery status: I will go into isolation without delay on my own responsibility for 14 days and can only shorten this period with an announcement by the health authority</p> <p>2. a) negative PCR test: Immediate end of obligation to isolate</p> <p>b) positive PCR test: Isolation period ends after 14 days without a test</p> <p>Isolation ends early after 7 days with a negative PCR or rapid test</p>	<p>regardless of vaccination/recovery status: I will go without delay</p> <ul style="list-style-type: none">- into isolation für 10 days- end of isolation with PCR or rapid test after 7 days possible	<p>I will go to my doctor or an officially recognised test centre to verify an infection using a PCR test</p>

<p>I am a Contact person (I have had contact with a person with a positive PCR test/was notified by the red tile of the "Corona-Warn-App")</p>	<p>Regardless of vaccination/recovery status:</p> <ul style="list-style-type: none"> - 10 days voluntary isolation - Avoid personal contact - Consistent wearing of a face covering - Daily self-testing, if possible - Observe development of any symptoms 	<p>1. fully vaccinated persons/persons who have received their booster shot</p> <p>a) With symptoms 10 days quarantine (ends automatically, no test required),</p> <ul style="list-style-type: none"> - end of quarantine with PCR or rapid test after 7 days possible <p>b) No symptoms no quarantine, regular self-testing</p> <p>2. Persons not vaccinated and not recovered 10 days quarantine, end of quarantine with PCR test after 7 days possible</p>	<p>I will go to my doctor or an officially recognised test centre to verify an infection using a PCR test</p> <p>I will go to my doctor or an officially recognised test centre to verify an infection using a PCR test</p>
<p>For persons performing critical functions cases will be decided individually.</p>			
<p>II. As a university employee, whom do I inform if I test positive?</p>			
<p>II.a coronavirus@uni-luebeck.de stating whether I have been working directly in the university.</p>			
<p>II.b in addition, the responsible management</p>			
<p>II.c abwesenheit@uni-luebeck.de with the additional information as to whether I am fit to continue working from home</p>			

III. What do I do as a close contact person with compulsory face-to-face courses (positive list)?
III.a I contact the module supervisor(s) and the programme coordinator to find a solution to take part from home.
III.b Depending on the particular room situation, I may also attend in person if distance can be maintained and I am wearing an FFP2 mask at all times. This is only applicable in conjunction with point III.a.
IV. As a student at the university, whom do I inform if I test positive?
IV.a coronavirus@uni-luebeck.de ; with details of which courses I have participated in
IV.b additionally the programme coordinator (it can then be checked individually whether there are consequences regarding teaching.)

*contact person or close contact (source: Robert Koch Institute)

https://www.rki.de/DE/Content/InfAZ/N/Neuartiges_Coronavirus/Kontaktperson/Management.html

Examples:

- Longer than 10 minutes without sufficient distance and without a mask
- Conversation without sufficient distance and without a mask, regardless of duration
- Spending time in the same room with a high aerosol concentration (depends on the room situation and ventilation) for more than 10 minutes

Last updated: 17 January 2022

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